

Oral Presentation Number	Room	Presentation Time	Presenting Author	Presenting Author'Affiliation	Presentation Title
Session1 Chair : Tetsuo Fukunaga (National Institute of Fitness and Sports in Kanoya)					
OE-01	302	11:15~11:32	Toshiki Kanto	Department of Students Sports Support, Doshisha University	High-intensity interval training in college hockey players using the 30-15 intermittent fitness test
OE02	302	11:33~11:50	Masaru Ito	Teikyo University Institute of Sports Science and Medicine	Constructing organizational structure for a holistic high performance support
OE-03	302	11:51~12:08	Takashi Ono	Kitasato University	Hamstrings training effect on hip and knee joint function and muscle morphology
Session2 Chair : Toshio Moritani (Kyoto University)					
OE04	302	15:00~15:17	Michio Ito	HOUWA-Kai Health Development Center Will	Efforts of health fitness programmers in short-term day-care rehabilitation and their effects
OE05	302	15:18~15:35	Sumiaki Maeo	Waseda University, Research Fellow of Japan Society for the Promotion of Science	Task-dependent muscle damage localizations induced by quadriceps eccentric exercises
OE06	302	15:36~15:53	Takaki Yamagishi	Waseda University	Effects of reduced-volume of sprint interval training and the time course of physiological and performance adaptations
Session3 Chair : Akihiro Sakamoto (Juntendo University)					
OE07	302	16:45~17:02	Seita Kuki	University of Tsukuba	Comparison of muscle strength of lower leg among rugby, athletics and soccer to characterize their muscle strength with z-score
OE08	302	17:03~17:20	B. Sue Graves	Exercise Science and Health Promotion, Florida Atlantic University	Functional fitness and activity levels of community dwelling older adults
OE09	302	17:21~17:38	Daichi Yamashita	Japan Institute of Sports Sciences	Physical characteristics and performance of collegiate and under-19 Japanese top-level American football players